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## Tea

### Non alcoholic Beverages.

Systematic position:-

Division - Angiosperms

Class - Dicotyledons

Order -

Family - Theaceae

Genus - Camellia

Species - sinensis (L.) Kuntze.

morphology  
Processing  
Uses

Vernacular name -

Hing Hindi, Beng - Cha, chain

Eng - Tea

### Origine & distribution

It is most popular non-alcoholic beverage all over the world. India & China are the native homes of the tea. It was grown in China & in 27,00 BC.

Tea assamica Mast, from the mountain region of Assam, Manipur & adjoining areas in (1823).

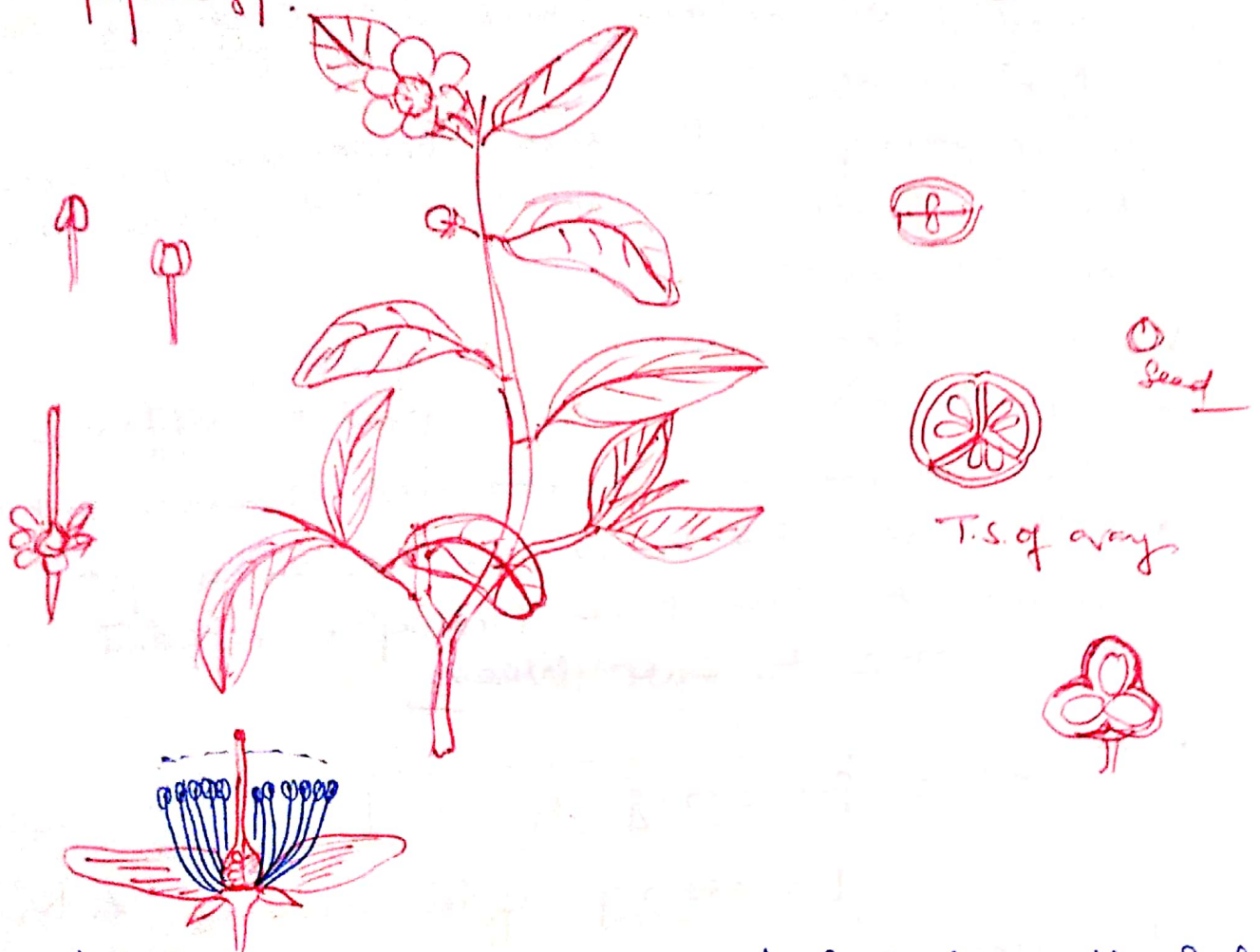
Tea drinking was adopted as social custom in China in 5th Century AD. Buddhist monks brought tea from China to Japan.

On 14th November (1859), McCurus Politician given a wide coverage of popularity of tea underlining that the tea was sold almost in every street of London. Today, England is the greatest tea drinking nation & largest tea importer.

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## Morphology.

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- I/ C. sinensis is native to East Asia, the Indian Sub-continent & South-east Asia. Today, it is cultivated through our tropical & subtropical regions.
- II/ It is evergreen ~~forest~~ shrub or small tree <sup>upto</sup> 2 meters (6.6 feet) when cultivated for its leaves.
- III/ It has strong tap root.
- IV/ The flowers are yellow-white, 2.5 — 4 cm in diameter with 7-8 petals.
- V/ The seeds of C. sinensis & C. oleifera can be pressed to yield tea oil, a sweetish seasoning & cooking oil. It should not be confused with tea tree oil (essential oil).
- VI/ Tea oil is used for medical & cosmetic purposes & originates from the leaves of different plants.



- vii) The leaves are 4-15 cm long, 2-5 cm broad.
- viii) Fresh leaves contain about 4% Caffeine and theobromine.
- ix) The young, light-green leaves are harvested for tea production, they have short, white hairs on the underside.
- x) Older leaves are deeper green.
- xi) Different leaf ages produce differing tea qualities due to their chemical composition.
- xii) 1st two & 3<sup>rd</sup> leaves are harvested for processing. This hand picking is repeated every one to two weeks.

## Curing & Processing of Tea

Processing of tea involves 4 steps —

1. Withering
2. Rolling
3. Fermentation
4. Drying.

### 1. Withering —

- i) Plucked tea shoot contains 75-80% moisture.
- ii) Fresh tea shoots are spread on trays, jute-hessian or nylon nets to wilt.
- iii) Withering is accomplished either in open sheds or sheds equipped with regulated heating & ventilation facilities.
- iv) The entire process is done for 10-12 hours at 30°C.

### 2. Rolling

- i) The withered leaves are passed through rolling under a pressure for liberating sap

and enzymes. which participates in the fermentation in later course.

### 3 - Fermentation

- i/ The process of fermentation is done in a special designed chambers having regulated facilities of temperature, humidity & air circulation maintained.
- ii/ A temperature between  $24-27^{\circ}\text{C}$  &  $90\%$  humidity.
- iii/ The rolled mass of leaves is piled into trays & covered, is kept in the chamber for about 3 hours.
- iv/ During fermentation, the mass of leaves ~~emit~~ develops character-stics flavours (emit) & aroma & turns a bright red colour.
- v/ less fermented tea is more pungent & lighter in colour while more fermented tea is softer & deeper in colour.

### 4 - Drying

- i/ To reduce the amount of moisture & stop the fermentation, the fermented leaves are exposed to a current of hot dry air at  $90-100^{\circ}\text{C}$  for 20-25 minutes.
- ii/ The process of drying is done in specially constructed ovens with temperature.
- iii/ The processed tea is passed through a series of meshes, thus sorting out leaf grades & dust.
- iv/ The leaves of different size are separated through oscillated sieves.



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③ <sup>formed</sup>  
Different tea grades are prepared as -  
Broken orange pekoe (BOP),  
Flowery Broken orange pekoe (F.B.O.P.),  
Broken pekoe (B.P.),  
orange pekoe (O.P.),  
Flowery pekoe (F.P.) etc. &

i) Various brands of tea available are made by blending different

ii) Various tea grades are packed in chests lined with tin or aluminium shipped to different centres & so auctions at centres like Kolkata. Instant tea, soluble in cold water, tea bags & ready mix tea for development.

Uses

— ~~fresh~~ leaf } Contains 77% moisture & 23% solid matter.

(i) 50% solid matter consists of water insoluble materials like crude fibre, cellulose, starch & proteins.

(ii) The remaining soluble half consists of 20- amino acids, 50- polyphenols, 12- sugar & 6- organic acids.

(iv) Thein-alkaloid (similar to caffeine), 2.5-4.5% & very little amount of theophyllin in combination with kening brings about the stimulatory & refreshing qualities of tea.