

Burnout and Occupational Stress among Police Personnel

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ABSTRACT

The aim of present research was to audit the level of occupational stress and burnout among the police personnel and to check the relationship between occupational stress and burnout. A total number of 120 (one hundred twenty) police personnel from Ranchi district were included as a sample. Purposive cum incidental sampling technique was used for the sample selection. t test was applied to see the significant of difference between samples sub groups. Product moment correlation was applied to see the significant relation between both variable namely occupational stress and burnout. The result of the study revealed that both variables positively and significantly correlated with each other. Further the results are discussed.

Keywords: Occupational Stress, Burnout

Before explaining the concept of burnout and occupational stress, it is important to consider here the definition of the concept of police officers, their roles and responsibilities, and empirical evidence. The concept of police is derived from the Latin word "policia", which means "polis" or "state" as reported in the Oxford Dictionary, and defines police as a regulatory system for maintaining order and enforcing law. It also means the internal government of the nation. Police form a hierarchy from high-level police officers to low-level police officers to promote and enforce social rules and regulations. A police officer can be understood as someone who has a particular office, most commonly in the law enforcement department. Police are a high-stress profession, and police officers report high levels of stress and burnout. Indian police were designed by British rulers in 1861 based on a colonial model.

Police as an organization are basically popular in the room society. It is the easiest and most positive consideration of civil citizens who is responsible for maintaining the laws and in the country. As noted in the Commonwealth Human Rights Initiative report namely police organizations in India according to law provisions in 1861. Police officers have the right to perform tasks or the following tasks such as legal compliance with controls. And guarantee given to them by their responsibility agency gathering and conveying information about attacks or affecting public peace terminating the implementation of criminals and annoyances Public identify and offer offenders according to laws and justice and arrest all those who have been legally authorized to arrest and have enough legal grounds to be arrested.

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