

**KOLHAN UNIVERSITY, CHAIBASA
JHARKHAND**



**Revised Curriculum and Credit Frame Work
For SEM – I
As per FYUGP, NEP- 2020
(U.G. Psychology – 2022 Onward)**

**University Department of Psychology
Kolhan University, Chaibasa**

Prof. Mahesh Prasad Ray
Assistant Professor & HOD
University Dept of Psychology
Kolhan University, Chaibasa

Dr. Dharmendra Rajak
Assistant Professor
University Dept of Psychology
Kolhan University, Chaibasa

Index			
Sem	Code	Papers	Credits (Theory +Practical)
I	MJ-1	Major Paper-1 (Foundation of Psychology)	3 + 1
	MN-1	Minor Paper-1 (Psychology at work)	3 + 1
	MDC/IRC-1	Multi-Disciplinary Course	3 + 0

- **For End Semester Examination (ESE 60 marks, 3 Hrs Exam):**

There will be **two** group of question. **Group A is compulsory** which will **contain** three questions. **Question No. 1 will be very short answer type** consisting of five questions of 1 mark each. **Question No. 2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** five question of fifteen (15) marks each, out of which any three are to answer.

- **For End Semester Examination (ESE 75 marks, 3 Hrs Exam):**

There will be **two** group of questions. **Group A is compulsory** which will contain three questions. **Question No. 1 will be very short answer type** consisting of five questions of 1 mark each. **Question No. 2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** six questions of fifteen (15) marks each, out of which any four are to answer.

Semester-I

Course Title: MAJOR COURSE-1 (MJ-1)

Credits: - 03

Learning Objective:

- Understanding what Psychology is all about.
- Appreciation of the scope and the field of psychology.
- Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, thinking, emotion, motivation and human biological system including brain
- Developing familiarity with individual level phenomenon such as intelligence, and personality.
- Personality development.

FOUNDATION OF PSYCHOLOGY

FM-60 Marks	Time 3 hrs	
Unit	Content	Hours
1 INTRODUCTION	<ul style="list-style-type: none">• Nature of Psychology: Definition, Schools of Modern Psychology• Psychology in India: History and Current Status• Methods of Psychology	10
2 LEARNING, MEMORY AND PERCEPTION	<ul style="list-style-type: none">• Learning: Classical Conditioning, Instrumental Learning, Observational Learning (socio-cognitive learning)• Memory: Nature of Memory, Models of Memory: Information processing model (Sensory register, Short-term memory (Working memory), Long-term Memory (Declarative – Episodic and Semantic; Procedural), Levels of processing, Parallel Distributed Processing model, Reconstructive nature of memory; Forgetting, Improving memory• Perception: Definition of Perception, Top down and Bottom Up processes, Size Constancy, Depth Perception	15
3 MOTIVATION & EMOTION	<ul style="list-style-type: none">• Approaches to understanding motivation, Characteristics, and Types of Motives• Elements of Emotions (components), Emotional Intelligence and Gender, Culture & emotions	10
4 INDIVIDUAL DIFFERENCES: PERSONALITY AND INTELLIGENCE	<ul style="list-style-type: none">• Personality: Nature and Theories• Intelligence: Nature and Theories	10

Sessional Internal Assessment (SIA) Full Marks – 15 Marks

A – Internal Written Examination – 10 Marks (1 Hr)

B – Over All Performance Including Regularity – 05 Marks

Books Recommended:

- Ucchatar Samanya Manovigyan Advanced General Psychology by Arun Kumar Singh
- Mohsin,S.M. (1982). Experiments in Psychology.
- Banyard, P., Davies,M.N.O., Norman, C. & Winder, B. (Eds.) (2010). Essential psychology. New Delhi: SAGE Publications.
- Baron, R. & Misra.G. (2014). Psychology. New Delhi: Pearson
- Ciccarelli, S.K. & White, J.N. & Misra, G. (2018). Psychology. New Delhi: Pearson Education.
- Morgan, C T., King, R., Weisz, J. & Schopler, J. (2017) Introduction to Psychology (7th Ed). McGraw
- Hills. Holt, N., Bremner, A., Sutherland, E., Vliek, M. and Passer, M., & Smith, R.(2015). Psychology: The Science of Mind and Behaviour. London: Tata McGraw-Hill

Semester-I

Course Title: **PRACTICAL, MJ-1 LAB**

Credits: -01

FM-25 Marks	Pass Marks - 10
Content	
<ul style="list-style-type: none">• Sensory motor learning through mirror drawing.• Effect of Knowledge of result on Muller Lyer Illusion.• Zeigarnik Effects• Determination of RL by the Method of Constant Stimuli.	

Experiments – 15 Marks

Viva-Voice – 05 Marks

Notebook – 05 Marks

Books Recommended:

- Dr. Zaki Akhtar and Dr. Suhina Chatterjee (2021) - Experimental Psychology.
- Hussain., A. (2014). Experiment in Psychology.
- Ucchatar Manovigyanik Prayog and Parikshan. by Arun Kumar Singh
- Suleman, M. (1996). Manovagyanik Prayog aur Parikshan.
- Mohsin,S.M. (1982). Experiments in Psychology.

Semester-I

Course Title: MINOR PAPER-01 (MN-1A)

Credits: - 03

Learning Objective:

- Understanding the meaning and theoretical foundations of I/O Psychology
- Knowing how to apply knowledge of I/O Psychology to the real work settings

PSYCHOLOGY AT WORK

FM-60 Marks		Time 3 hrs
UNIT	Content	Hours
1 INTRODUCTION	<ul style="list-style-type: none">• Introduction to I/O Psychology: Definition, Brief History, Contemporary Trends and challenges	15
2 WORK MOTIVATION	<ul style="list-style-type: none">• Theories and applications: Maslow, Herzberg, Goal Setting, Expectancy, Equity	10
3 COMMUNICATION IN ORGANIZATIONS	<ul style="list-style-type: none">• Communication process, purpose of communication in organizations, barriers to effective communication, managing communication	10
4 LEADERSHIP	<ul style="list-style-type: none">• Early approaches to leadership, contemporary approaches to leadership. Transformational & Transactional Leadership	10

Sessional Internal Assessment (SIA) Full Marks – 15 Marks

A – Internal written Examination – 10 Marks (1 Hr)

B – Over All Performance Including Regularity – 05 Marks

Books Recommended:

Dr. Zaki Akatar. (2013) - Industrial and organizational behaviour

Greenberg, J. & Baron, R.A. (2007). Behaviour in Organizations (9th Ed.). India: Dorling Kindersley

Robbins, S. P. & Judge, T.A. (2008). Essentials of Organizational Behavior. 9th Edition. New Delhi: Prentice Hall of India

Semester-I

Course Title: PRACTICAL, MN-1A LAB

Credits: - 01

FM-25 Marks	Pass Marks - 10
Content	
<ul style="list-style-type: none">• Measure the Work Motivation of the testee• Job Burnout• Measure the Cognitive problem of testee• Effect of rest Pause on physical muscular work.	

Experiments – 15 Marks

Viva-Voice – 05 Marks

Notebook – 05 Marks

Books Recommended:

- Dr. Zaki Akhtar and Dr. Suhina Chatterjee (2021) - Experimental Psychology.
- Hussain., A. (2014). Experiment in Psychology.
- Ucchar Samanya Manovigyan Advanced General Psychology by Arun Kumar Singh
- Baron, R. & Misra.G. (2013). Psychology. New Delhi: Pearson.
- Suleiman, Md. (2012). Shikha and Manovigyan me shankhiki. Patna: Motilal Banarsidas.
- Singh, A.K. (2012). Shiksha aum Manovigyan Me Shankhiki. Patna: Motilal Banarsidas.
- Hussain., A.(2014). Experiment in Psychology.
- Mohsin,S.M. (1982). Experiments in Psychology.