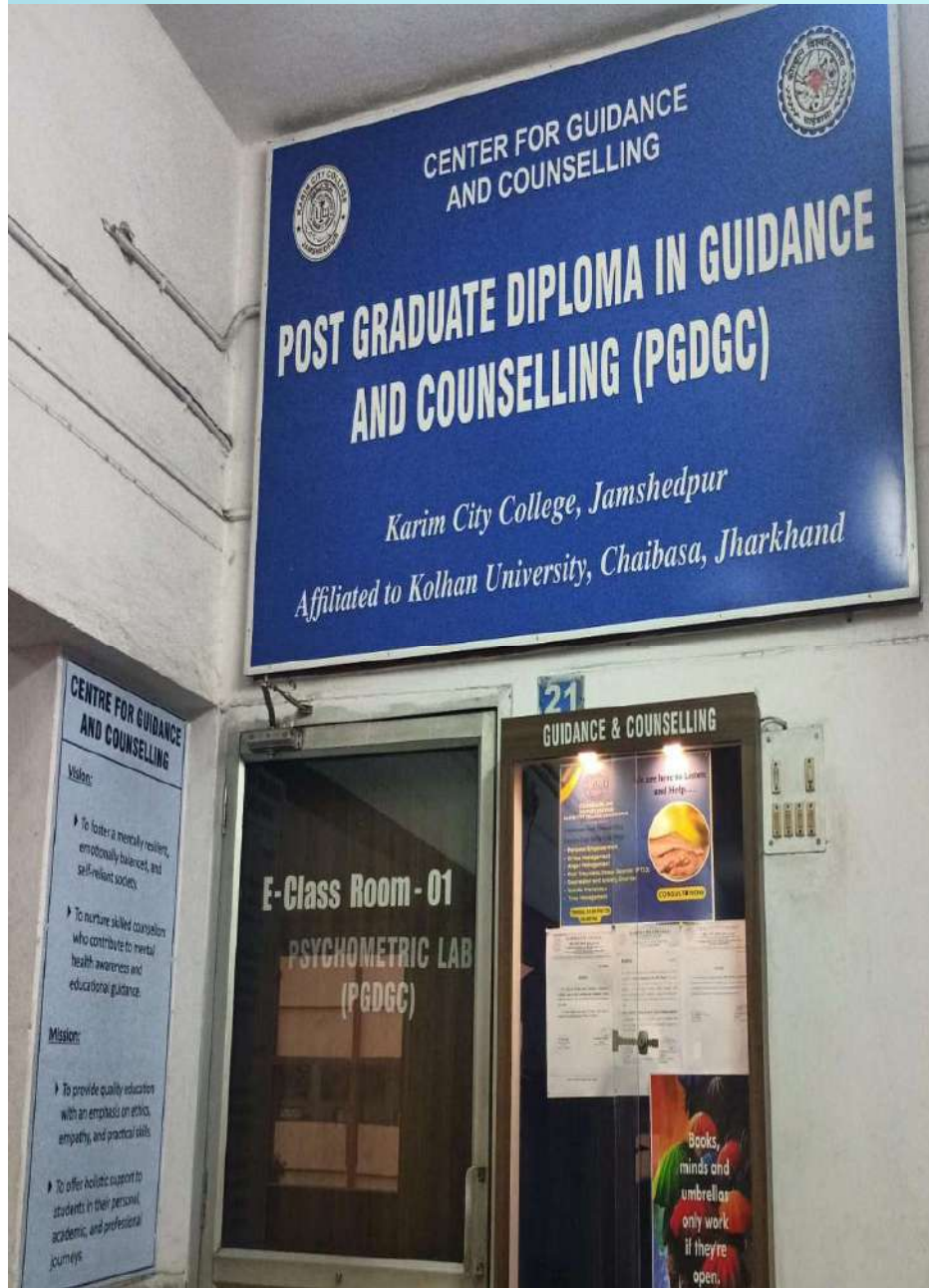


Centre for Guidance & Counselling



Post Graduate Diploma in Guidance and Counselling (PGDGC)



Karim City College,
Sakchi, Jamshedpur

Content

1. About Department
2. Programme Offered
3. Vision & Mission
4. Curriculum & Syllabus
5. Teacher's Profile & Achievements
6. Research & Development
7. Infrastructure & Innovation
8. Best Practice
9. Departmental Activities
10. Workshops/ Seminars
11. Counselling Camps
12. Result
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14. SWOC Analysis



About The Centre



The Post Graduate Diploma in Guidance and Counselling of Karim City College is actively engaged in various academic activities as well as providing counselling and guidance to the students since its establishment. **The first session started in the year December 2022 containing 50 seats.** The faculty members of are engaged in research activities besides their teaching assignments. Every month department organizes seminars for the students. A Large number of students participates and present their paper. The PGDGC in collaboration with the department of Psychology also conducts workshop related to personality development, skill development, decision making abilities, brain storming session etc. This Centre also design and conducts training programs for entrepreneurs.

Programme Offered

- One Year Post Graduate Diploma in Guidance and Counselling (PGDGC)
 - Two Semesters
 - 50 Seats
 - 20,000/- Course Fee



Vision & Mission

- ▶ Vision: To nurture skilled counsellors who contribute to mental health and educational guidance.
- ▶ Mission: To provide quality education with an emphasis on ethics, empathy, and practical skills.

Curriculum & Syllabus

- ▶ Courses: Counselling Theories, Career Guidance, Psychological Assessment.
- ▶ The syllabus incorporates fieldwork where students perform mock counseling sessions.
- ▶ Basic of Psychology, Personality, Adjustment & Intelligence.
- ▶ Principle of Guidance and Counselling
- ▶ Measurements– MPI, WAT, Anxiety Scale, TAT & Intelligence Tests.

Curriculum & Syllabus

POST GRADUATE DIPLOMA IN GUIDANCE AND COUNSELING (PGDGC) 2022-23

General Information/Regulations for the PGDGC

A candidate seeking admission to PGDGC must satisfy following conditions:

- He/she must be a graduate from any recognized University in any discipline with minimum 50% of marks in the aggregate or equivalent grade.
- Admission to this course will be based on merit. If number of applicants exceeds double of the seats, there will be an entrance examination followed by the counseling. Reservation of the seats for this course will be as per the admission rules of the University.
- Candidates with good interpersonal skills will be preferred.

Duration

The candidate admitted to the PGDGC shall undergo the prescribed course of study for one academic year, comprised of two semesters.

Intake Capacity

The maximum number of the candidates should be hundred (100) only.

Syllabus for the Post Graduate Diploma in Guidance and Counseling (PGDGC)

SEMESTER-I

Sl. No.	Subject Code	Name of the Paper	Marks			
			Internal	Theory	Total	Pass Marks
01	101	Basics of the Psychology, Personality, Adjustment and Intelligence	25	75	100	45
02	102	Theories & Principles of Guidance and Counseling	25	75	100	45
03	103	Measurements of Personality and Intelligence	25	75	100	45

101. Basics of the Psychology, Personality, Adjustment and Intelligence

UNIT-I

- Introduction, meaning and relevance of Psychology.
- Approaches and methods of Psychology.
- Personality:
 - Nature
 - Approaches and
 - Determinants.
 - Impacts of Social Media on Personality.
- Attitude and its measurements.

UNIT-II

- Characteristics of human adjustment
- Psychological approaches of adjustment.
- Basic areas of adjustment:
 - School, Career & Job.
 - Marital
 - Old age & Death adjustment.
- Mental Health:
 - Characteristics
 - Need & Importance
 - Status of mental health in India
 - Treatments/coping with maladjustment.

UNIT-III

- Intelligence:
 - Meaning
 - Definitions and
 - Nature
 - Theories of Intelligence

102. Theories & Principles of Guidance and Counseling

UNIT-I

- Nature, Meaning, Scope and need of Guidance
- Guidance Techniques
- Areas of Guidance

UNIT-II

- Theoretical approaches to Counseling.
- Process of Counseling

UNIT-III

- Counseling of special groups
 - Delinquents
 - Drop-outs
 - Drug addicts
 - Homosexuals
- Counseling of abused - Types and its effects
- Fundamental of Counseling Skills
 - Attending
 - Listening
 - Empathy
 - Respect
- Ethics in Counseling.

103. Measurements of Personality and Intelligence

- Measurement of Personality
 - MPI
 - WAT
 - Anxiety scale
 - TAT
- Measurement of Intelligence
 - Mohsin's General Intelligence Test
 - Jalota's Group Test of Mental Ability
 - NLTV(Chatterjee and Mukherjee)
 - Emotional Intelligence Test

SEMESTER-II

Sl. No.	Subject Code	Name of the Paper	Marks			
			Internal	Theory	Total	Pass Marks
01	104	Behaviour Dysfunctions	25	75	100	45
02	105	Dissertation, Projects and Field work	25	75	100	45

104. Behaviour Dysfunction

UNIT-I

- Introduction to Abnormal Psychology:
 - Perspectives on abnormal behaviour
 - Meaning, classification of mental disorders
 - Causal facts, viewpoints in Abnormal Psychology
 - Models for understanding causes of behaviour dysfunction:
 - ✓ Psychoanalytic
 - ✓ Humanistic- Behavioural
 - ✓ Transpersonal

UNIT-II

- Stress and Anxiety related disorders
 - Symptoms
 - Types
 - Causes
 - General Anxiety Disorder (GAD)
 - Phobia
 - Obsessive-Compulsive Disorder (OCD)
 - Stress and Dissociative Disorders.

UNIT-III

- Mood Disorder
 - Symptoms, Types, Causes and Treatments
- Suicide
 - Facts about Suicide
 - Perspective and
 - Prevention
- Overview of Childhood, Adolescence past experiences.
- Learning Disabilities, Mental Retardation, Autism, Somatoform Disorder.

FACULTY MEMBERS

- ▶ **Present Faculty Members:**
- **Dr. Zaki Akhtar** (Prof. – in –Charge)
- Dr. Syed Khursheed Ahsan
- ▶ Dr. Md. Firoz Ibrahimimi
- ▶ Dr. Udham Singh
- ▶ Dr. Satyavrata Panda
- ▶ Dr. Nidhi Srivastava
- ▶ Ms. Deba Salim

▪ **Non-Teaching Staff:**
Mr. Jamshed Ali Ansari

Dr. Zaki Akhtar
Ph.D. in Psychology
Assistant Professor
Professor In-charge PGDGC

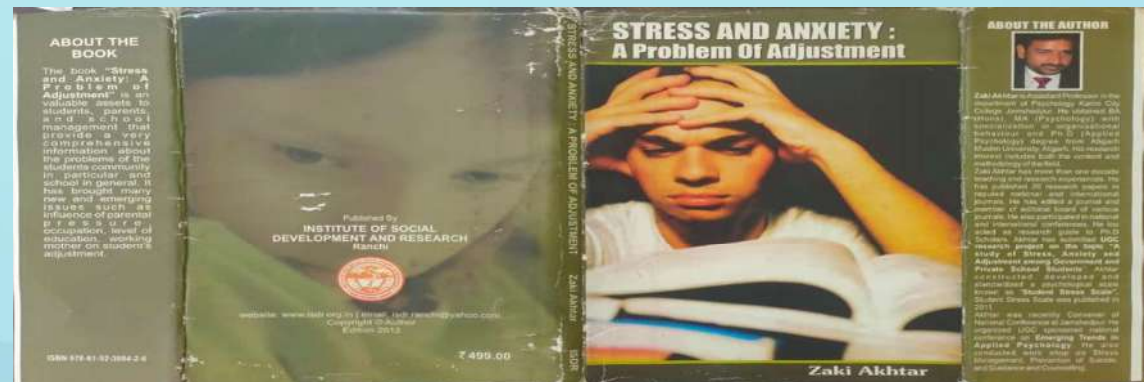
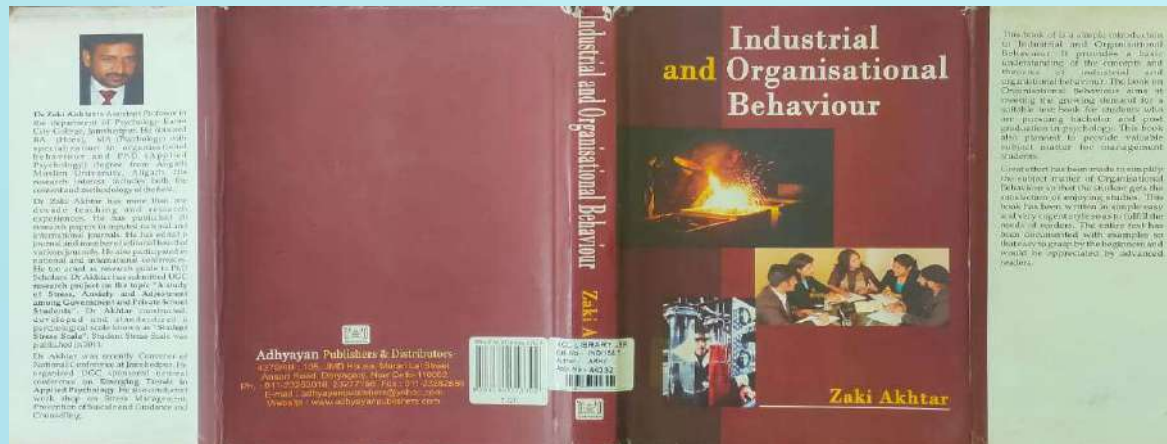
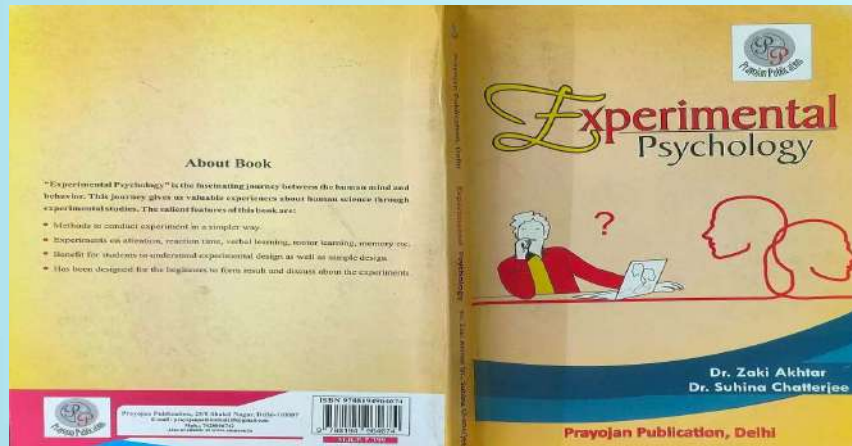


- ▶ Dr. Zaki Akhtar Joined this college in the year 2nd January 2002.
- ▶ Awarded Ph.D Degree from Aligarh Muslim University, Aligarh.
- ▶ 10 Ph.D. scholars as research guide.
- ▶ Completed a minor UGC research project.
- ▶ Presented papers in more than 30 national and international seminars and conferences.
- ▶ More than 40 research articles are published in national and international journals.
- ▶ Three books are to his credits.
- ▶ Constructed and standardized three psychological scales.

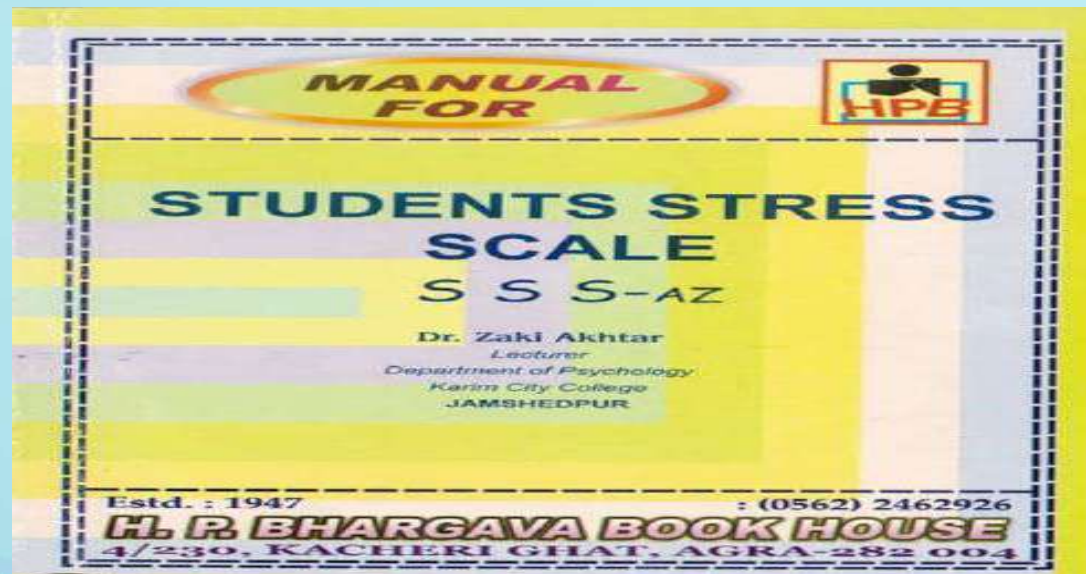
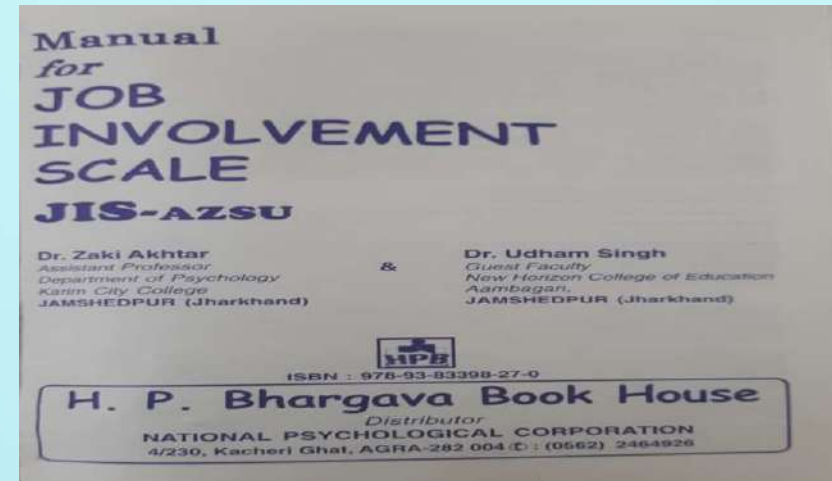
Book Published by the Faculties

- **“Industrial and organizational behaviour”** by Dr. Zaki Akhtar, Adhyan Publicaton, New Delhi.
- **“Experimental Psychology”** by Dr. Zaki Akhtar, Prayojan Publication, New Delhi.
- **“Stress and Anxiety”** by Dr. Zaki Akhtar, Institution of Social Development and Research.
- **“Research Methodology”** by Dr.Zaki Akhtar, Prayojan Publication, New Delhi.

Book Published by Dr. Zaki Akhtar



Psychological Scales Published by Faculties



Prof. Dr. Syed Khursheed Ahsan
M.A., D.M. & S.P., Ph.D.
Retired University Professor



▶ Visiting Professor : –

Advanced Diploma in Clinical Psychology, Jamia Millia Islamia, New Delhi.

Kumaon University Almora.

➤ Worked as : –

Senior Psychologist, Psycho-Centre, Greater Kailash, New Delhi.

Chief Clinical Psychologist, Centre for Counselling & Psychotherapy, Gurgaon, Haryana.

Resource Person – UGC's assignment for Universities.

He has independently supervised three international famed research projects of Lovain Catholic University, Belgium, UNICEF, New Delhi & Ministry of Health & Family Welfare, Govt. of India, New Delhi. He was examiner of several Ph.D. thesis.

Dr. Firoz Ibrihimi
M.A., Ph.D Psychology
Head of the Deapartment
Dept. of Psychology



- ▶ Dr. Firoz Ibrahimimi is working as Head of the department of Psychology. He obtained his Ph.D degree from Magad University, Gaya. He Joined this college in the year 21.12.1993
- ▶ Guided 4 Ph.D scholars as research guide.
- ▶ Presented papers in more than 20 national and international seminars and conferences.
- ▶ More than 20 research article are published in national and international journals.
- ▶ Interest area of teaching is Applied Psychology and Organizational Psychology.
- ▶ Sports In-charge since 1994
- ▶ Performing his responsibilities as an examination controller. He is also sports co coordinator of Kolhan University. He performed as team manager several times in chancellor trophy organized by Kolhan University. He also performed his duties as NSS coordinator in Karim City College.

Dr. Udham Singh
Assistant Professor



- ▶ Dr. Udham Singh joined Department of Psychology in September 2015 as ADHOC lecturer and in 4th March 2022 permanent as assistant professor in permanent post.
- ▶ He obtained his Ph.D. degree from Ranchi University, Ranchi.
- ▶ 15 research articles are published in national and international journals.
- ▶ 13 articles in national and international seminars and conferences.
- ▶ Constructed three psychological scales.
- ▶ Serving as Moderator/coordinator of Rotaract Club , Karim City College, Jamshedpur from 04-03-2023.
- ▶ Cooperating as Assistant Nodal officer to look after CII YUVA activities (14.05.2022).

Dr. Satyavrata Panda

M.A., M.Phil., Ph.D.,

PGDGC, B.Ed.

Assistant Professor



- ▶ Dr. Satyavrata Pand joined department in 02-04-2022 as Assistant Professor.
- ▶ Gold Medallist in M.Phil.
- ▶ Ph.D degree from Ravenshaw University, 2019 (NAAC A++), Odisha.
- ▶ Co-authored of a book.
- ▶ Eight research articles are published in national and international journals.
- ▶ **Areas of Specialization** Guidance and Counselling / Human Resource Psychology
- ▶ **Areas of Interest** Teaching & Counselling.

DR. NIDHI SRIVASTAVA

Principal

Vivekananda International School (ICSE) Mango



- ▶ Graduated from Patna Women's College, done Post Gradation & Doctorate from Patna University with specialisation in Child Psychology, Counseling & Guidance.
- ▶ A professional Psychologist and the Founder Principal of Vivekananda International School (ICSE) Mango, since last 25 years.
- ▶ Worked intensely in the field of Education, Specially for underprivileged basti children.
- ▶ Contributed significantly for the education and empowerment of the underprivileged minority girls & women.
- ▶ Columnist in News Papers & Magazines on Child Psychology.
- ▶ Speaker in Prasar Bharti on Children & Women related issues.
- ▶ Received several acknowledgements and felicitations, like, Communal Harmony Award, Al Hera Award for Women Empowerment, Best Principal Award etc.

Prof. Deba Salim

Guest Faculty

Master in Clinical Psychology

Aligarh Muslim University



- ▶ Certificate Course from National Academy Mumbai in Psychological Counselling
- ▶ Internship on Child Psychology from Psycho Shiksha in March 20–24.
- ▶ Worked as a Senior Research Associate on the MHRD'S Project.

Research & Development

- ▶ Development of Scale
- ▶ 36 Dissertations on Different Research Topics
- ▶ Case Study Report Prepared by Students
- ▶ Paper Presented by the Students in Departmental Seminar

Infrastructure & Innovation

- ▶ Counselling Lab: Equipped with psychological testing tools
- ▶ Psychometric Lab: Equipped with psychological testing tools like Rorschach Inkblot Test kits & Thematic Apperception Test, MPI, MMPI.
- ▶ Departmental Library: Access to over 100 psychology-related books and journals.

Best Practices

- ▶ Motivational Classes
- ▶ Personality Development Sessions
- ▶ Online/Offline Counselling Stimulation
- ▶ Free Counselling Session for KCC Students
- ▶ Inter Disciplinary Interaction
- ▶ Feedback Mechanism

Induction Session – 2022



Welcome / Fresher's Party



DEPARTMENTAL SEMINAR - 2023

‘स्टेटस ऑफ मेंटल हेल्थ इन इंडिया’ पर व्याख्यान



प्रभात मंत्र संवाददाता

जमशेदपुर : करीम सिटी कॉलेज के पोस्ट ग्रेजुएट ऑफ गाइडेंस एंड काउंसलिंग एवं मनोविज्ञान स्नातकोत्तर विभाग के संयुक्त तत्वाधान में एक व्याख्यान आयोजित किया गया जिसका विषय था- स्टेटस ऑफ मेंटल हेल्थ इन इंडिया। इस अवसर पर बतौर मुख्य अतिथि वीआई टी के डॉ सैयद खालिद परवेज शामिल हुए। डॉ परवेज ने बताया कि मानसिक स्वास्थ्य मनुष्य के लिए बहुत ही अहम है। आजकल पूरी दुनिया में मानसिक स्वास्थ्य को

लेकर चिंता है और उसमें बेहतरी लाने की कोशिश जारी है। डब्ल्यूएचओ ने भी इसकी तरफ काफी ध्यान दिया है। उन्होंने ट्रेस को दूर करने के लिए बहुत सारे उपाय बताएं तथा कुछ प्रायोगिक उदाहरण भी प्रस्तुत किए। मनुष्य के व्यक्तित्व के अलग-अलग प्रकार के मानसिक दबाव को अलग-अलग तरीके से खत्म किया जा सकता है। पोस्टग्रेजुएट ऑफ गाइडेंस एंड काउंसलिंग के इंचार्ज डॉ जकी अख्तर ने मुख्य अतिथि का परिचय प्रस्तुत किया तथा व्याख्यान के उद्देश्यों पर प्रकाश डाला।

During Counselling Classes



☰ THE NEWS FRAME Aa | ☀



जमशेदपुर : करीम सिटी कॉलेज, साकची, जमशेदपुर के सेंटर फॉर गाइडेंस एंड काउंसलिंग के तत्वाधान में एक काउंसलिंग कैंप का आयोजन किया गया जिसमें 110 छात्र-छात्राओं की काउंसलिंग PGDGC के विद्यार्थियों के प्रशिक्षण के रूप में किया गया।

ICT USE



Guest Lecture on World Suicide Prevention Day on 10.09.2024 at 3:00 pm in Psychometric Lab



Slow & Advance Learner's Process

▶ CHARACTERISTICS

- ▶ Identification of slow learner (Methodology)
- ▶ Departmental Test
- ▶ Internal Exam
- ▶ Personal Interview
- ▶ Behavioural Traits
- ▶ Lack of Attention
- ▶ Difficulty in retention
- ▶ Low self confidence & Self Esteem
- ▶ Cognitive Abilities
- ▶ Low level of IQ
- ▶ Lack of abstract thinking
- ▶ Difficulty in language
- ▶ Social & Emotional indicators
- ▶ Low level of EQ
- ▶ Frustration with challenging task
- ▶ **METHODS**
- ▶ Observation
- ▶ Monitoring Academic Progress
- ▶ Diagnostic Assessment
- ▶ Stress
- ▶ Anxiety

▶ Cognitive Ability

- ▶ Feedback
- ▶ Input from parents, Peers & Counsellors

▶ STRATEGIES

- ▶ Identification learning plan (Strengths & Weakness)
- ▶ Remedial Classes
- ▶ Mentoring
- ▶ Interactive Teaching Methods
- ▶ Regular Feedback & Motivation

▶ ADVANCE LEARNERS

- ▶ COGNITIVE ABILITIES
- ▶ Deep Understanding
- ▶ Critical Thinking
- ▶ Problem-Solving
- ▶ Meta-Cognition

▶ LEARNING STRATEGIES

- ▶ Self-Directed Learning
- ▶ Active Learning
- ▶ Reflective Learning
- ▶ Interdisciplinary Connections

▶ BEHAVIORAL TRAITS

▶ Intellectual Curiosity

- ▶ Resilience
- ▶ Self-Motivation
- ▶ Time Management

▶ EMOTIONAL INTELLIGENCE

- ▶ Self-Awareness
- ▶ Empathy
- ▶ Emotional Regulation
- ▶ Adaptability

▶ COMMUNICATION SKILLS

- ▶ Articulate Expression
- ▶ Effective Listening
- ▶ Presentations
- ▶ Writing Skills

▶ OTHER INDICATORS

- ▶ Leadership
- ▶ Innovative Thinking
- ▶ Continuous Learning

Stress Audit Programme held on 30.11.2024 at Guidance and Counselling Centre



Students Achievements



Students Participating in Cultural Programme



Workshop on Learning Disability



Conducted an English Activity in Sheyn International School



University Topper Ms. Shanti Kumari



KUHELI BOSE
Invited as a Judge on National Youth Fest

Scholarship Achieved by Students

E - Kalyan

- ▶ Sweety Kumari - 20,000/-



- ▶ Shaheen Shamim - 20,000/-



- ▶ Sima Munda - 10,000/-



- ▶ Anima Gope - 5,000/-



Counselling Session



Counselling Camp on 28.09.2024 at 3:00 pm in Psychometric Lab



Counselling Camp at BBA (10-12-24)



Psychometric Lab



Educational Tour (Session-2022-23)

20-01-2024



One Day Orientation Visit to RINPAS, Ranchi



GPS Map Camera



Jamshedpur, Jharkhand, India
Shop No. 6, Karim Cinema Building, Sakchi, Ambagan, Sakchi,
Jamshedpur, Jharkhand 831001, India
Lat 22.801323° Long 86.199495°
11/01/25 01:50 p. m. GMT +05:30

करीम सिटी कॉलेज के विद्यार्थियों का एक दिवसीय ओरिएंटेशन विजिट

प्रभात मंत्र संवाददाता

जमशेदपुर : करीम सिटी कॉलेज, साकची, जमशेदपुर के गाइडेंस एंड काउंसलिंग विभाग द्वारा पीजीडीजीसी के छात्र-छात्राओं का रिनपास रांची का ओरिएंटेशन विजिट कराया गया। यह विजिट गाइडेंस एंड काउंसलिंग विभाग के प्रोफेसर इंचार्ज डॉ. जकी अख्तर के निर्देशन में संपन्न हुआ। इस विजिट में 42 छात्र-छात्राओं ने भाग लिया, जहां उन्हें अलग-अलग वार्ड में जाकर मानसिक रोगों से ग्रस्त मरीजों को देखने तथा उनकी समस्याओं को समझने का अवसर मिला। वहां उन्होंने ऑन्यूपेशनल



थेरेपी और रिहैबिलिटेशन सेंटर का निरीक्षण भी किया और समझा कि किस प्रकार मरीजों के अच्छे हो जाने के पश्चात उन्हें रोजगार के अवसर प्राप्त कराए जा सकते हैं। डॉ. जकी अख्तर ने अपने विद्यार्थियों को विभिन्न प्रकार के मरीजों से अलग-अलग आमना

सामना कराया जिससे विद्यार्थी बहुत प्रभावित हुए। इस तरह का निरीक्षण का मौका उनके लिए पहला था। इस विजिट में मनोविज्ञान विभाग करीम सिटी कॉलेज के प्राध्यापक डॉ. एसपी पांडा के साथ-साथ जमशेद अली का सराहनीय योगदान रहा।

UNIVERSITY TOPPER SESSION: 2022-2023



SHANTI KUMARI

Mental Health Awareness by Mr. Inderjeet Singh, Psychologist, Founder & Director of Live Again India Mental Wellness



Students Support & Services

Mentorship Program: Each student is assigned a mentor to guide them in academic and career paths.

Counselling Camps

Mental health Checkup

Testing IQ-EQ-SQ

Personality Assessment

Talk on significance of mental health on mental health day at Akashwani





**COUNSELLING AND
SUPPORT SERVICES**

KARIM CITY COLLEGE, JAMSHEDPUR



**Guidance and Counselling
Centre Can Help You With:**

- **Personal Empowerment**
- **Stress Management**
- **Anger Management**
- **Post Traumatic Stress Disorder (PTSD)**
- **Depression and Anxiety Disorder**
- **Suicide Prevention**
- **Time Management**

**TIMING: 03:00 PM TO
04:00 PM.**

**We are here to Listen
and Help.....**



CONSULT NOW

Work Shop on Occupational Therapy Day on 28.10.2024



Workshop for Students



INTERNAL QUALITY ASSURANCE CELL
& CAREER PLANNING AND GUIDANCE CELL
KARIM CITY COLLEGE JAMSHEDPUR
organise

STUDENT WORKSHOP

on

ACADEMIC

for the students of UG Sem 1, 2 & 4

Self Efficacy

🕒 03:00 pm

19
December
2023

Commerce

Science

Humanities &
Social Science

Venue: College Auditorium, Sakchi Campus

Attendance of Semester 1, 2 & 4 students is compulsory

Motivational Talk by Mrs. Preeti, Principal, Gulmohar School TELCO



 **GPS Map Camera**

Jamshedpur, Jharkhand, India

Shop no. 6, Karim Cinema Building, Sakchi, Ambagan, Sakchi, Jamshedpur, Jharkhand
831001, India

Lat 22.801177°

Long 86.199289°

09/01/24 05:28 PM GMT +05:30



Workshop on Preparation for UPSC

Resource Person – Ms. Swati Sharma, UPSC,
AIR 17th Rank



Mental Health Awareness Camp

KCC hosts mental health awareness camp

Mail News Service

Jamshedpur, Dec 19: The Guidance and Counselling Postgraduate Department of Karim City College organized a Mental Health Awareness

Camp at its Mango Campus. The event, led by resource person Dr. Zaki Akhtar, was conducted between 11 am and 4 pm and featured two informative sessions.

Dr. Akhtar highlighted the importance of mental health in today's stressful era and its role in personality development. Students from Classes 11 and 12 participated in the camp, receiving counselling from 50 PGDGC-trained counsellors. Stress levels were assessed, and students were provided personalized recommendations. The camp featured 30 different counters where psychological tests were



conducted alongside counselling sessions to measure personality traits. Karim City College Secretary, Dr. Mohammad Zakaria, inspected the camp, interacting with students and commending the initiative for addressing vital mental health issues.

The program was supported by faculty members Dr. Anwar Ali, Dr. S. Panda, Jamshed Ali, Dr. Mahfooz Alam, and Sajjad Ahmed, whose contributions were appreciated. Dr. Zakaria praised the Guidance and Counselling Department for organizing such a program. (w/gsd)

Stress Management Workshop

Relaxation therapy at stress management workshop



Career Fair



Farewell Party



Internal Result

Semester -1 Internal Marks 2022-23

Roll No.	Name	Paper - 101			Paper - 102			Paper - 103			Grand Total = 75		
		Test	signm	TOTAL	Test	signm	TOTAL	Record	Test	Viva		TOTAL	
1-	231604386176	WAZDA TABASSUM	19	4	23	19	4	23	4	14	4	22	68
2-	231604386172	SALINA TABASSUM	18	4	22	18	4	22	4	13	5	22	66
3-	231604386177	SHAHEEN SHAMIM	18	3	21	19	4	23	4	13	4	21	65
4-	231604386171	SADAF SARWAR	18	4	22	18	3	21	4	14	4	22	65
5-	231604386182	PAPIYA GHOSH	17	4	21	19	3	22	4	14	4	22	65
6-	231604386151	PRATIVA KUMARI	17	3	20	17	4	21	4	13	4	21	62
7-	231604386170	SALMA PERWEEN	18	4	22	17	4	21	4	14	4	22	65
8-	231604386174	JONI HORO	18	4	22	16	4	20	4	13	4	21	63
9-	231604386181	SHANTI KUMARI	20	4	24	20	4	24	4	14	5	23	71
10-	231604386168	RAZIA SULTANA	19	4	23	19	4	23	4	13	5	22	68
11-	231604386158	ISHITA DEY BARDHAN	18	4	22	19	3	22	4	13	4	21	65
12-	231604386175	RICHA DWIVEDI	17	3	20	17	4	21	4	14	5	23	64
13-	231604386185	POONAM KUMARI SINGH	18	3	21	18	4	22	4	14	4	22	65
14-	231604386173	ARULA KUMARI	17	3	20	17	4	21	4	13	5	22	63
15-	231604386156	CHANDANI NAAZ	18	4	22	18	4	22	4	14	4	22	66
16-	231604386178	SMITA DAS	20	4	24	20	4	24	4	14	5	23	71
17-	231604386162	PRIYA SINHA	19	4	23	18	4	22	4	14	5	23	68
18-	231604386150	SAYEEDA KHAOON	18	3	21	17	4	21	4	14	4	22	64
19-	231604386160	NITU SINGH	18	4	22	17	3	20	4	14	4	22	64
20-	231604386183	NEETU DEVI SHARMA	19	4	23	19	4	23	5	14	5	24	70
21-	231604386153	PRIYA SINGH	20	4	24	19	4	23	4	14	4	22	69
22-	231604386164	KAHKASHAN BANO	18	4	22	18	4	22	4	4	13	21	65
23-	231604386169	RAKESH DEOGAM	ABS		0	ABS		0				0	0
24-	231604386186	ZEBA TABASSUM	15	4	19	18	3	21	4	13	4	21	61
25-	231604386155	ANILA TUDU	19	4	23	19	4	23	4	14	4	22	68
26-	231604386165	KAUSER JAHAN	ABS		0	ABS		0				0	0

Rakhi Shukla

Internal Result

27-	231604386152	VIVEK PRADHAN	16	4	20	18	3	21	4	14	4	22	63
28-	231604386179	FARHEEN FAROOQUE	18	3	21	18	4	22	4	12	4	20	63
29-	231604386166	RABIYA KHATOON	17	4	21	17	3	20	4	14	4	22	63
30-	231604386157	CH MADHURI	18	4	22	19	4	23	4	14	5	23	68
31-	231604386187	MANJU KARMAKAR	18	4	22	19	4	23	4	14	4	22	67
32-	231604386163	PRIYANKA PRIYADARSHINI	19	4	23	17	4	21	4	14	4	22	66
33-	231604386154	SUPRIYA KUMARI	17	4	21	17	4	21	4	13	4	21	63
34-	231604386184	KHUSBU SAWADIA	16	4	20	17	4	21	4	AB	AB	4	45
35-	231604386159	DEEPALI DEY	17	4	21	18	4	22	4	14	4	22	65
36-	231604386180	SUCHETA BHUYAN	19	4	23	17	4	21	4	14	4	22	66
37-	231604386167	RAJNI SHARMA	20	4	24	19	4	23	4	14	4	22	69
38-	231604386161	SWEETY KUMARI	20	4	24	19	4	23	4	13	5	22	69

Zohi Dule

Final Result Session 2022-23

KOLHAN UNIVERSITY, CHAIBASA
(Examination Department)

Name : Karim City College, Jamshedpur
Code : 15A Post Graduate Diploma in Guidance and Counselling Final Semester Examination, 2023 Held In The Month Of August 2024.

Registration No.	Name	Behaviour Dysfunctional			Viva & Project			SEMESTER - II	SEMESTER - I	Grand Total	Percentage	Result
		25	75	100	25	75	100					
		Full Marks	Pass Marks	45	45	45	45					
KU2022032599	SAYEEDA NIKHAT	22	44	66	22	63	87	153 Pass	221 Pass	374	74.8	First Class
KU2022032587	PRATIVA KUMARI	21	42	63	22	64	86	149 Pass	202 Pass	351	70.2	First Class
KU2022032607	VIVEK PRADHAN	22	35	57	21	63	84	141 Pass	197 Pass	338	67.6	First Class
KU2022032599	PRIYA SINGH	24	50	74	23	68	91	165 Pass	227 Pass	392	78.4	First Class with Distinction
KU2022032571	ANILA TUDU	24	51	75	23	69	92	167 Pass	227 Pass	394	78.8	First Class with Distinction
KU2022032575	CHANDNI NAAZ	22	49	71	22	65	87	158 Pass	225 Pass	383	76.6	First Class with Distinction
KU2022032574	CH MADHURI	24	38	62	23	68	91	153 Pass	222 Pass	375	75	First Class with Distinction
KU2022032734	ISHITA BARDHAN	23	45	68	23	70	93	161 Pass	228 Pass	389	77.8	First Class with Distinction
KU2022032576	DEEPALI DEY	23	48	71	23	69	92	163 Pass	218 Pass	381	76.2	First Class with Distinction
KU2022032585	NITU SINGH	23	43	66	22	68	90	156 Pass	216 Pass	372	74.4	First Class
KU2022032606	SWEETY KUMARI	23	60	83	23	69	92	175 Pass	230 Pass	405	81	First Class with Distinction
KU2022032589	PRIYA SINHA	23	51	74	23	68	91	165 Pass	229 Pass	394	78.8	First Class with Distinction
KU2022032590	PRIYANKA PRIYADARSHNI	22	49	71	22	68	90	161 Pass	223 Pass	384	76.8	First Class with Distinction
KU2022032736	KAHKASHAN BANO	22	42	64	23	68	91	155 Pass	228 Pass	383	76.6	First Class with Distinction
KU2022032579	KAUSER JAHAN	23	57	80	22	67	89	169 Pass	0 Fail	169	33.8	Fail
KU2022032591	RABIYA KHATOON	22	36	58	22	67	89	147 Pass	202 Pass	349	69.8	First Class
KU2022032592	RAJNI SHARMA	23	52	75	23	68	91	166 Pass	226 Pass	392	78.4	First Class with Distinction

KOLHAN UNIVERSITY, CHAIBASA
(Examination Department)

Name : Karim City College, Jamshedpur
Code : 16A Post Graduate Diploma in Guidance and Counselling Final Semester Examination, 2023 Held In The Month Of August 202

Registration No.	Name	Behaviour Dysfunctio			Viva & Project			SEMESTER - II	SEMESTER - I	Grand Total	Percentage	Result
		Internal	E.S.E	Total	Viva	Project	Total					
		Pass Marks		45			45					First Class.Dist.:>=75% First Class. :>=60% Second Class.:45%
KU2022032594	RAZIA SULTANA	23	56	79	22	66	88	167 Pass	233 Pass	400	80	First Class with Distinction
KU2022032598	SALMA PERWEEN	23	49	72	24	70	94	166 Pass	236 Pass	402	80.4	First Class with Distinction
KU2022032596	SADAF SARWAR	23	45	68	23	70	93	161 Pass	217 Pass	378	75.6	First Class with Distinction
KU2022032597	SALINA TABASSUM	21	49	70	22	68	90	160 Pass	234 Pass	394	78.8	First Class with Distinction
KU2022032573	ARULA KUMARI	22	49	70	22	66	88	158 Pass	225 Pass	383	76.6	First Class with Distinction
KU2022032578	JONI HORO	22	53	75	22	68	90	165 Pass	231 Pass	396	79.2	First Class with Distinction
KU2022032595	RICHA DWIVEDI	23	52	75	23	68	91	166 Pass	217 Pass	383	76.6	First Class with Distinction
KU2022032608	WAZDA TABASSUM	22	54	76	23	69	92	168 Pass	235 Pass	403	80.6	First Class with Distinction
KU2022032600	SHAHEEN SHAMIM	23	58	81	23	68	91	172 Pass	225 Pass	397	79.4	First Class with Distinction
KU2022032603	SMITA DAS	24	47	71	24	70	94	165 Pass	238 Pass	403	80.6	First Class with Distinction
KU2022032577	FARHEEN FAROOQUE	AB	AB	0	AB	AB	0	0 Fail	230 Pass	230	46	Fail
KU2022032604	SUCHETA BHUYAN	22	46	68	23	69	92	160 Pass	220 Pass	380	76	First Class with Distinction
KU2022032601	SHANTI KUMARI	24	59	83	24	70	94	177 Pass	244 Pass	421	84.2	First Class with Distinction
KU2022032586	PAPIYA GHOSH	23	55	78	23	68	91	169 Pass	221 Pass	390	78	First Class with Distinction
KU2022032584	NEETU DEVI SHARMA	23	56	79	22	67	89	168 Pass	232 Pass	400	80	First Class with Distinction
KU2022032580	KHUSBU SAWADIA	23	35	58	23	67	90	148 Pass	79 Fail	227	45.4	Fail
KU2022032735	POCNAM KUMARI	23	49	72	23	67	90	162 Pass	218 Pass	380	76	First Class with Distinction

KOLHAN UNIVERSITY, CHAIBASA
(Examination Department)

College Name : Karim City College, Jamshedpur
 College Code : 16A Post Graduate Diploma in Guidance and Counselling Final Semester Examination, 2023 Held In The Month Of August 2024.

Registration No.	Name	Behaviour Dysfunctio			Viva & Project			SEMESTER - II	SEMESTER - I	Grand Total	Percentage	Result	
		25	75	100	25	75	100						
		Full Marks	Pass Marks										
		25	75	100	25	75	100					First Class Dist.: >=75%	
				45			45					First Class.: >=60%	
												Second Class.: >=45%	
5	KU2022032609	ZEBA TABASSUM	21	43	64	22	66	88	152 Pass	171 Fail	323	64.6	Fail
7	KU2022032582	MANJU KARMAKAR	22	43	65	23	68	91	156 Pass	218 Pass	374	74.8	First Class

List of Project Topics

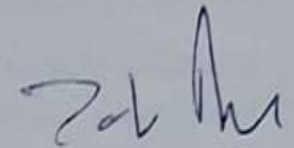
KARIM CITY COLLEGE, JAMSHEDPUR
Paper-105 Project Topics, SESSION : 2022-2023

STUDENT NAME	CLASS ROLL NUMBER	TOPICS
WAZDA TABASSUM	PGDGC22/01	HIV Information Presentation and Behavior Change among Clients by Attending HIV Clinics
SALINA TABASSUM	PGDGC22/02	Attachment and Aggressive Behavior among Adolescents in Schools
SHAHEEN SHAMIM	PGDGC22/03	ABSTRACT This study Investigated about HIV Information Presenta
SADAF SARWAR	PGDGC22/04	A study of mental health and stress among college students
PAPIYA GHOSH	PGDGC22/05	A comparative study of job stress and job satisfaction among permanent and contractual employees
PRATIVA KUMARI	PGDGC22/06	Psychological Attributes Mentoring, and Self Employment of Vocational Graduates
SALMA PERWEEN	PGDGC22/07	Self efficacy and emotional intelligence in adolescents
JONI HORO	PGDGC22/08	A comparative study of intelligence adjustment and academic achievements among private and government schoo
SHANTI KUMARI	PGDGC22/09	Reproductive Health Education and Pregnancy in College Student
RAZIA SULTANA	PGDGC22/12	A comparative study of mental health and life satisfaction among young generation and old generation
ISHITA DEY	PGDGC22/13	Mentorship and Girl Child Education in Secondary Schools in Jamshedpur
RICHA DWIVEDI	PGDGC22/14	Parental Socio-Economic Status and Drug Abuse Among Students in Secondary School
POONAM SINGH	PGDGC22/15	Social Influence and Drug Addiction among Adolescents
DR. ARULA KUMARI	PGDGC22/16	Information, Education and Communication Strategy on HIV/AIDS Prevention Among Teenagers
CHANDNI NAAZ	PGDGC22/17	Personal Power and Marital Satisfaction among Married Staff in TATA Steel
SMITA DAS	PGDGC22/18	Quality of work life and job satisfaction among temporary and permanent school teachers
PRIYA SINHA	PGDGC22/19	Stress Levels, Health Seeking Behaviors and Academic Performance of University Students.
SAYEEDA NIKHAT	PGDGC22/20	Mentorship and Girl Child Education in Secondary Schools in Jamshedpur.
NITU SINGH	PGDGC22/21	Emotional Intelligence and Mindfulness among Adolescence
NEETU DEVI SHARMA	PGDGC22/22	A comparative study of Achievement and Emotional Intelligence among college students
PRIYA SINGH	PGDGC22/23	A correlational study of mental health and stress among working and non-working women
KAHKASHAN BANO	PGDGC22/25	Influence of Electronic Media on Secondary School Students
RAKESH DEOGMA	PGDGC22/27	The Relationship Between Student Absenteeism And Performance In colleges
ZEBA TABASSUM	PGDGC22/28	Students' Self Concept And Academic Achievement In Relation To Music Education And Music Performance
ANILA TUDU	PGDGC22/29	Efficacy Of Brief Motivational Interviewing Intervention For Treating Gambling Disorder Among University Students
KAUSER JAHAN	PGDGC22/31	Influence Of Selected Self-Awareness Aspects On Vocational Choices Among Youths
VIVEK PRADHAN	PGDGC22/32	Self Esteem and Mindfulness among school children
FARHEEN FAROOQUE	PGDGC22/35	The Relationship Between Stigma And Self Esteem Among Single Mothers
RABIYA KHATOON	PGDGC22/36	Effectiveness Of Counselling Services On Academic Performance And Retention Rate Of Undergraduate Students
CH. MADHURI	PGDGC22/37	Relationship Between Depression And Pathological Internet Use Among University Students

Dr. ZAHEDI AKHTAR
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KARIM CITY COLLEGE
Jamshedpur

KARIM CITY COLLEGE, JAMSHEDPUR
Paper-105 Project Topics, SESSION : 2022-2023

STUDENT NAME	CLASS ROLL NUMBER	TOPICS
MANJU KARMAKAR	PGDGC22/39	Relationship Between Adversity Quotient And Recovery Outcomes Among Cancer Patients Attending Palliative Care
PRIYANKA PRIYADARSHNI	PGDGC22/41	Psychological And Emotional Self-Care Practices And Level Of Burn-Out Among Counselors In private school
SUPRIYA KUMARI	PGDGC22/43	Factors Influencing Career Aspirations Among Standard Eight Pupils - a step before board
KHUSBU SAWADIA	PGDGC22/44	Relationship Between Counseling Intervention And Psychological Well-Being Among Family Care Givers Of Cancer
DEEPALI DEY	PGDGC22/46	Effects Of Emotionally Absent Parents On The Behaviour Of Adolescents In Selected Secondary Schools
SUCHETA BHUYAN	PGDGC22/48	Relationship Between Psychological Factors And Initiation Of Exclusive Breastfeeding Among Mothers
RAJNI SHARMA	PGDGC22/49	Stress and recurrence TB among rural and urban people
SWEETY KUMARI	PGDGC22/50	Relationship Between Social Support And Self-Esteem Among Teenage/working Mothers



Dr. ZAFAR IQBAL TAR

Professor

Post Graduate Diploma in Guidance

And Counselling (PGDGC)

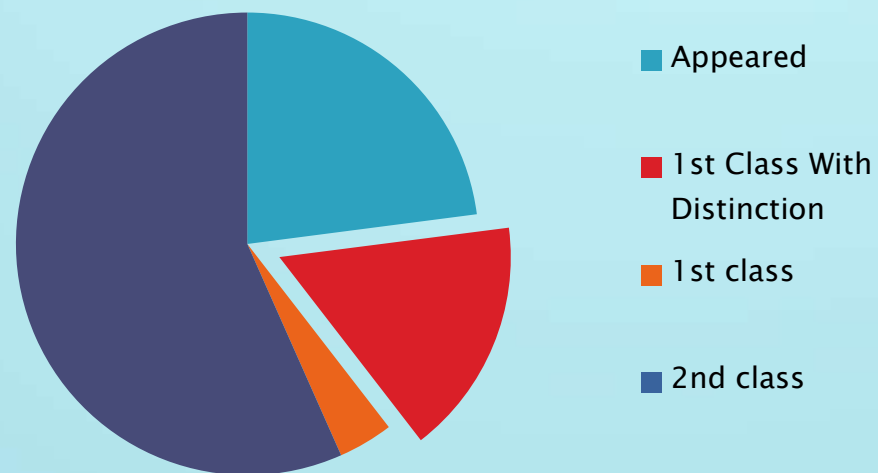
KARIM CITY COLLEGE

Sakchi, Jamshedpur

UNIVERSITY RESULT OF PGDGC SESSION: 2022-2023

Year	Appeared	1 st Class With Distinction	1 st class	2 nd class	Pass Percentage
2022-23	36	26	06	0	88.8

2022-23



Future Prospects

- ▶ Consultancy Services
- ▶ Research and Development
- ▶ Academic Expansion
- ▶ Professional Training & Internship
- ▶ Community Outreach & Mental Health Initiative
- ▶ Industry Collaboration & Consultancy
- ▶ International Recognition & Conferences

SWOC Analysis

